

# DIRECTORY

## MWR ADMINISTRATION

Administration • 252-3472  
Monday - Friday • 8 a.m. - 5 p.m.  
Human Resources: 252-3328

## FOOD & BEVERAGE

HARBOR VIEW CLUB  
252-3965

CHOPS AMERICAN GRILL  
252-2955

BRODIE'S  
252-2977 / 252-2978

GALAXIES' NIGHTCLUB  
252-2980

SHOGUN CAFE (GALLEY)  
252-3429

## CHILD & YOUTH PROGRAMS

CHILD DEVELOPMENT CENTER  
Main Base • 252-2985  
Hario • 252-8842

SCHOOL AGE CARE CENTER  
Main Base • 252-2989  
Hario • 252-8763

TEEN CENTER  
Main Base • 252-3797  
Hario • 252-8968

YOUTH SPORTS & FITNESS  
252-2989

## FITNESS & AQUATICS

FLEET FITNESS COMPLEX  
Welcome Center • 252-3595 252-3588

HARIO FITNESS CENTER  
252-8960

## COMMUNITY RECREATION

DEPLOYED FORCES SUPPORT  
252-6896

AUTO/WOOD HOBBY SHOPS  
252-3977

LIBERTY CENTER  
252-3756

LIBRARY  
252-3593

OUTDOOR ADVENTURE CENTER  
252-3500

PAWS & CLAWS  
252-2905

TRAVEL & TOURS  
252-3433/2165

SHOWBOAT AND VILLAGE THEATER  
252-6996 • 252-8753

## LIFEGUARDS NEEDED

CALL AQUATICS AT  
0956-50-2925 OR 252-2925  
FOR DETAILS



## JOIN OUR TEAM AT MWR SASEBO

### JOB OPENINGS INCLUDE:

- LIFEGUARDS • BARTENDERS •
- CHILD & YOUTH PROGRAMS •
- FOOD SERVICES • RECREATION AID •
- FITNESS • THEATER • LIBRARY •
- LIBERTY CENTER •
- OUTDOOR ADVENTURE CENTER

FOR WEEKLY JOB LISTINGS, VISIT:

[HTTPS://WWW.NAVYMWRSASEBO.COM/DIRECTORY-MORE/JOB-OPPORTUNITIES](https://www.navywmwrsasebo.com/directory-more/job-opportunities)

## STAY CONNECTED!

Follow us on Facebook at  
MWR Sasebo Japan

Visit our official webpage at  
[www.navywmwrsasebo.com](http://www.navywmwrsasebo.com)



Wednesday, December 25<sup>th</sup>

11 A.M. - 2 P.M.

\$12 A PLATE



December 17 - 31, 2024

## MWR AT-A-GLANCE

MONDAY-FRIDAY • 11 A.M. - 2 P.M.

### CHOPS

- Monday**  
Lemon Pepper Chicken & Bacon Wrap
- Tuesday**  
Grilled Shrimp Po' Boy
- Wednesday**  
Thai Larb Gai
- Thursday**  
Beef Lasagna
- Friday**  
Sweet Chili Salmon

### BRODIE'S

- Monday**  
Homemade Spaghetti
- Tuesday**  
Taco Tuesday
- Wednesday**  
Japanese Hotdogs
- Thursday**  
Chicken Teriyaki Sandwich
- Friday**  
Vegetable Chicken Pizza

LUNCH SPECIALS

## ONGOING EVENTS

### SUNDAY BRUNCH

Every Sunday  
Harbor View Club  
Sakata Ballroom  
10 a.m. - 2 p.m.

Ages 12 & up: \$15  
Ages 6-11: \$7  
Ages 5 & under: Free

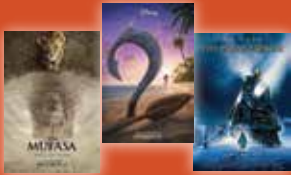


## MOVIE SCHEDULE

Movie schedule is subject to change without notice.



**TICKET PRICES: ADULT \$3 • CHILD \$2**  
**3D MOVIES: ADULT \$5 • CHILD \$3**



### SHOWBOAT THEATER

#### FRIDAY, DECEMBER 20

Mufasa: The Lion King  
(Navy First) (PG) 5:30 p.m.  
Red One (PG-13) 8 p.m.

#### SATURDAY, DECEMBER 21

Sonic the Hedgehog 3  
(Navy First) (PG) 5:30 p.m.  
Mufasa: The Lion King  
(Navy First) (PG) 8 p.m.

#### SUNDAY, DECEMBER 22

Moana 2 (Navy First) (PG) 6 p.m.

#### MONDAY, DECEMBER 23

Polar Express (G) 1 p.m.  
*Free Admission!*

### HARIO VILLAGE THEATER

#### FRIDAY, DECEMBER 20

Home Alone (PG) 6 p.m.  
*Free Admission*

#### SATURDAY, DECEMBER 21

Mufasa: The Lion King  
(Navy First) (PG) 5:30 p.m.

#### SUNDAY, DECEMBER 22

Sonic the Hedgehog 3  
(Navy First) (PG) 5:30 p.m.

#### THURSDAY, DECEMBER 26

Polar Express (G) 1 p.m.  
*Free Admission!*

## ALL MONTH:

### CHOPSTICK MAKING CLASS

at the Wood Hobby Shop

Wednesdays • 4:30 - 5:30 p.m. • Free

This is a fun class where you take a regular piece of wood, and turn it into a set of chopsticks for your home or bento.

### EMERGENCY CAR PROCEDURE CLASS

at the Auto Hobby Shop

Wednesdays • 4:30 - 5:30 p.m. • Free

A great skill class that will teach you how to change a tire, and go over the flares and gears available in your vehicle.

### SMALL BOX MAKING SHOP

at the Wood Hobby Shop

Thursdays • 4 - 6 p.m. • \$4 per hour

Join us in creating a small keepsake box that can fit items such as pens or shoes.

### SELF BETTERMENT CLASSES

at the Liberty Center with FFSC

Thursdays at 2 p.m. • Free

Join the Fleet and Family Support Center to learn about resume building, investing, and more. *To be eligible for the Liberty program, you must be Active Duty on single or unaccompanied orders.*

### CAR VEHICLE SAFETY CHECK CLASS

at the Auto Hobby Shop

Thursdays • 5:30 - 6:30 p.m. • Free

This is a great skill class that will teach you how to inspect your tires, brakes, and fluids to ensure your vehicle stays running all year round.

### SMALL BOWL MAKING CLASS

at the Wood Hobby Shop

Fridays 4 -6 p.m. • \$4

Create a traditional style bowl in this challenging and fun class!

### OPEN SHOP

at the Wood Hobby Shop

Saturdays 12 -6 p.m. • \$15/hour

Make something beautiful with the help from our staff! This is an open day for you to work on new ideas and projects.

## THIS WEEK:

### WINTER BREAK MOVIES

at Showboat and Hario Village Theater's  
December 23 - January 3

Enjoy crowd pleasing film favorites during the holiday break. All showtimes begin at 1 p.m. A complete schedule of movies is on the Navy MWR Sasebo Website.

([www.navymwrsasebo.com](http://www.navymwrsasebo.com))

### UGLY SWEATER RUN

at the Fleet Fitness Complex (FFC)

Saturday, December 21 • 9 a.m. - 12 p.m. • Free

Break out your Christmas sweater and join our run! Everyone is welcome. Register at the FFC to participate. Sign-in time is 9 a.m., race begins at 10 a.m.

### CHRISTMAS BUFFET

at Harbor View Club

Wednesday, December 25 • 11 a.m. - 5 p.m.

A buffet serving all of your holiday favorites. The menu includes turkey, baked ham, roast beef, and a long list of sides. Please call 252-3965 for pricing details. *Reservations are required (max party of 8), however, walk-ins will be permitted if space is available.*

### CHRISTMAS LUNCH

at Brodie's

Wednesday, December 25 • 11 a.m. - 2 p.m.

Enjoy a \$12 plate of baked honey ham, turkey, corn on the cob, mac 'n cheese, mashed potatoes with gravy, and chocolate cake for dessert. Please call 252-2965 for more details.

*Free lunch for Single and Unaccompanied Sailors when you check in with MWR Liberty.*

### NEW YEAR'S EVE BASH

at the Liberty Center

December 31 • 10 p.m. - 1 a.m. • Free!

Ring in 2025 with the Liberty Center. Enjoy movies, games, snacks, and a toast to the New Year. *To be eligible for the Liberty program, you must be Active Duty on single or unaccompanied orders.*

## FITNESS SCHEDULE

### MAIN BASE

#### MONDAY

2'S Day on Monday Spin 9:30 - 10:15 a.m.  
Jiu-Jitsu (7-9 y/o) - \$ 4 - 4:45 p.m.  
Cardio Jam 4 - 5 p.m.  
Jiu-Jitsu (4-6 y/o) - \$ 5 - 5:45 p.m.  
Strength & Tone 5:10 - 5:55 p.m.  
Jiu-Jitsu - \$ 6 - 7:45 p.m.

#### TUESDAY

Yoga 10:30 - 11:30 a.m.  
Cycle 4:30 - 5:15 p.m.  
Swim Squad\* 5:30 - 6:30 p.m.  
Cycle 5:45 - 6:30 p.m.  
Jiu-Jitsu - \$ 6 - 7:45 p.m.

#### WEDNESDAY

Zumba 9 - 10 a.m.  
Cycle 10:15 - 11:00 a.m.  
Cheer Dance - \$ 3:30 - 4:30 p.m.  
Power Yoga 4:45 - 5:45 p.m.

#### THURSDAY

Yoga 11 a.m. - 12 p.m.  
Beginners Judo - \$ 4 - 5 p.m.  
Zumba Toning 4:20 - 5 p.m.  
Advanced Judo - \$ 5 - 6 p.m.  
Zumba 5:10 - 6 p.m.  
Swim Squad\* 5:30 - 6:30 p.m.  
Jiu-Jitsu - \$ 6 - 7:45 p.m.

#### FRIDAY

Adult Judo & Jiu-Jitsu - \$ 6 - 7 a.m.  
Spin & Sculpt 9:30 - 10 a.m.  
Adult Hip Hop Dance 10:30 - 11:15 p.m.  
Spin & Sculpt 4:30 - 5 p.m.  
Hip Hop Dance - \$ 5 - 6 p.m.

#### SATURDAY

Beginner Power Yoga 9:30 - 10:30 a.m.

\*(Peer Led & Registration Required)

### HARIO

#### MONDAY

Cycle 4:30 - 5:15 p.m.

#### WEDNESDAY

Wild Card Wednesday 9 - 10 a.m.

#### THURSDAY

Cycle 10:15 - 11:00 a.m.

#### FRIDAY

Karate - \$ 5-6 p.m.  
Karate - \$ 6-7 p.m.